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 Ilisaijiit Ilinniakannirutigivattanginnut Katimajjit  
 Conseil de perfectionnement professionnel  
 Professional Development Council

### School-Based PD Activity - Individual Application Form

Chosen PD activities must assist the member(s) in acquiring new skills and knowledge. Quality PD choices and accountability with funding are <b>keys</b> in enhancing the perception of usage and the integrity of the PD fund.			
Date of Application:	Jan 10th, 2017	Date of PD Activity:Feb 13th, 2017	End Date of PD Activity:Feb 17th, 2017
Name of Applicant:	Brandon Biggers		
PD Activity Title:	Can Fit Pro Fitness		
School:	Aqsarniit School (Iqaluit, Central Qikiqtani)		
Community:	Iqaluit (Central Qikiqtani)		
Location of PD Activity:Iqaluit (Central Qikiqtani)	Location Outside of Nunavut:		
The majority of my day is spent in the capacity of a:	Middle School Educator	Other:	
Type of Activity (Check all that apply)	Workshop [ X ] School Based Mini Conference [ ] Educational Research [ ] Professional Reading [ ] Credit Course [ ] Non-Credit Course [ X ] Action Research [ ] Conference [ ] Mentoring Activity [ ] Language Instruction [ ] PD to Go [ ]	PD Theme (Check all that apply)	Iilitaunnikiliriniq:Assessment [ ] Inuuqatigiitsiarni:Positive School Climate [ X ] Inuglugijaittuq:Inclusion, Differentiation [ ] Uqausiliriniq:Language Arts [ ] Iqqaqqaukkaringniq:Science and Numeracy [ ] Nunavutsiutit:Social Studies [ ] Aulajaaqtut - Wellness, Health and Safety [ X ] Technology [ ] Physical Education [ X ] Art, Drama and Music [ ] CTS Related [ ] Traditional Skills and Knowledge [ ] Leadership [ X ] Inuit Language(s) [ ]
Other:		Other:	

**Proposed PD Activity:** (Provide sufficiently detailed information and schedule to enable the School PD Committee to clearly understand the nature of the activity.)

During the 2016/2017 PI week I intend to complete the Nationally recognized Personal Trainer Specialist and Fitness Instructor Specialist online study courses. These qualifications involve completing an online course, study questions, and both a theory and practical exam. The courses are provided by CanFitPro, the national administration body of Personal Trainers and Fitness Instructors in Canada. CanFitPro provide ongoing training and completing these qualifications will be the first step to becoming a CanFitPro trainer - someone with the qualificatuions to train and instruct beginning Fitness Industry professionals. My regular day will be spent reading and studying the theory material of each course. I will work a regular day: 8am - 4pm. Each textbook has 15 chapters with attached modules to complete. I plan to work through 6 chapters per day so I will be able to complete both of the course theory components

within the PI week. Once the theory modules are completed, candidates have 6 months to sit the theory exam and practical exam, which I plan to complete in summer 2017.

**Benefits of Proposed PD Activity:** Include information on how you feel it will benefit you professionally, and how it addresses your own PD goals and/or the school's goals to improve the quality of education in your classroom or school. (Send personal or school growth goals or PD log.)

I want to complete these qualifications so that I can become a CanFitPro trainer. A CanFitPro trainer is a certified Personal Trainer and Fitness Instructor with a wide variety of industry experience who then works towards becoming someone that trains new Personal Trainers and Fitness Instructors. I want to integrate this within my Foundation of Fitness Training CTS courses so that students have the knowledge and skills to be able to sit the Personal Trainer or Fitness Instructor qualifications if they so choose.

These qualifications will complement my professional education and experience and formalize my wide variety of fitness and training knowledge. My students will also benefit because they will have an 'in house' qualified Personal Trainer and Fitness Instructor who can teach them the material to sit for the same qualification.

**Anticipated Cost of Proposed PD Activity:** (Please provide a detailed breakdown of the total cost including airfare, accommodations, registration, professional materials, etc.) NOTE: Meals and snacks are NOT covered.

**In-Community and Out of Community Activities:**

Local Hire (Please complete a Service Contract-Local Hire):	=	
Out of Town Contractor (Please complete a Service Contract-Out of Town Contractor):	=	
Professional Resources(Provide Details):	=	
Workshop/Course/Conference Registration Fees:	=	\$ 900.00
Accommodations:	=	
Airfare / Travel Costs:	=	
Other (provide details)	=	
Other (provide details)	=	
Other (provide details)	=	
Other (provide details)		
Other (provide details)	Other (provide details)=	

<b>Estimated Total Cost</b>	=	\$ 900.00
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If travelling on the land a trip plan must be submitted to the local Hunters and Trappers Association and a Leave Form must be completed at school. <b>Complete:</b>	<b>Yes</b> [ <input type="checkbox"/> ] <b>No</b> [ <input type="checkbox"/> ]
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